



Year 5 Worksheet 20: Idioms and Phrases

Activity 1: Multiple Choice (Circle the correct answer)

1. What does the idiom "break the ice" mean?

- A) To make someone uncomfortable
- B) To start a conversation in a social setting
- C) To damage something

2. If someone is "under the weather," they are:

- A) Happy
- B) Sick
- C) Tired

3. The phrase "let the cat out of the bag" means:

- A) To hide something
- B) To reveal a secret
- C) To take care of a pet

4. When someone says they "hit the nail on the head," they mean:

- A) They made a mistake
- B) They were exactly right
- C) They missed the point



5. If you "bite the bullet," you:

- A) Avoid a problem
- B) Face a difficult situation bravely
- C) Make a tough decision



Activity 2: Fill in the Blanks

1. The test was so easy, It was _____.
2. After winning the match, the team was on _____.
3. Don't worry, I'll have your back, I'm not going to _____.
4. She was so tired, she fell _____ during the movie.
5. He's really been burning the _____ studying for exams.



Activity 3: Create Your Own Sentences

1. Use the idiom "spill the beans" in a sentence:

2. Use the phrase "in hot water" in a sentence:

3. Use the idiom "on thin ice" in a sentence:

4. Use the phrase "jump on the bandwagon" in a sentence:

5. Use the idiom "piece of cake" in a sentence:



Answer Key

Activity 1

1. B
2. B
3. B
4. B
5. B

Activity 2

1. a piece of cake
2. cloud nine
3. leave you in the lurch
4. asleep at the wheel
5. midnight oil

Activity 3

(Answers will vary; check for correct usage of idioms and phrases.)



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